

Priorities Forum Statement

Number	42
Subject	Blood Glucose Testing Strips for Diabetics
Date of decision	September 2012
Date refreshed	May 2017
Date of review	May 2018

GUIDANCE

This guidance is intended for primary care prescribing. Primary care practitioners should refer to their local diabetes guidelines on how to manage diabetes and the monitoring of blood glucose. These guidelines are in line with all East and North Hertfordshire CCG Priorities Forum local diabetes management guidelines and give an indication, for prescribing and audit purposes, of the likely need for blood glucose testing strips.

Type 1 patient on insulin – test 3-6 times a day. This is equivalent to a need for 100-200 strips a month required (2-4 packs of 50 a month).

Type 2 patient on insulin - test 1-6 times a day. This is equivalent to 30-200 strips a month (1-4 packs of 50 a month).

Type 2 patient not on insulin & stable, no symptoms, HBA1c normal, and urinalysis normal - no blood glucose monitoring required – no strips required for prescription.

Type 2 patient not on insulin but either newly diagnosed, has symptoms or changing clinical picture - Test 3-6 times a week. This is equivalent to 12-25 strips a month (1 pack of 50 every 2-4 months).

Audit

A minimum audit should indicate that any patient not on insulin would need no more than 50 (1 pack) every 2 months, and if on insulin, no more than 200 strips (4 packs) a month.

The Human Rights Act has been considered in the formation of this policy statement.