

You should continue to see your GP for your annual diabetes check, even if you attend a Community Clinic or a Hospital Diabetes Clinic to ensure you are receiving the full range of diabetes care available, including:

- Annual eye screening
- Annual foot check
- Review of any diabetes medication you may be taking
- Organising any necessary blood or urine tests needed for your diabetes care
- Annual flu vaccination and checking you have had a one-off vaccination against pneumonia
- Screening for depression, which is more common in people with diabetes and other chronic conditions.
- Access to Smoking Cessation services if required.
- Help with your diet and weight management as appropriate.

If you are unclear about these new services and how they might affect you, please discuss this with your GP, Consultant or Diabetes Specialist Nurse.



Hertfordshire

DIABETES SERVICES HAVE CHANGED IN HERTFORDSHIRE

As a result of these changes, additional services are available and, if you are currently being seen at your local hospital, you may now be offered the following:

- Continued care at your local hospital
- Community Clinic appointment with a Hospital Diabetes Consultant
- Community Clinic appointment with a Diabetes Specialist Nurse
- Diabetes care provided solely by your GP and Practice Nurse

June 2010

NHS Hertfordshire is currently changing the services available for people with diabetes across the county.

In the next few months, more community clinics will be up and running, in 11 different locations across the county, this will enable patients to be seen closer to their homes, by the most appropriate healthcare professional.

Hospital diabetes Consultants will be running clinics in the community; rather than all patients attending the hospital for their appointments.

If you currently see a diabetes consultant in hospital they will be reviewing your notes in the next few months to see if your care can be transferred to a community clinic.

People with complex diabetes may continue to be seen at the hospital clinics.

Your consultant will write to advise both you and your GP if your care is to be transferred in this way.