

Nurse Revalidation Update



REVALIDATION

Revalidation

- is the process that allows you to maintain your registration with the NMC
- builds on existing renewal requirements
- demonstrates your continued ability to practise safely and effectively, and
- is a continuous process that you will engage with throughout your career.

Revalidation is the responsibility of nurses and midwives themselves. You are the owner of your own revalidation process.

Why the NMC are introducing revalidation

- to raise awareness of the Code and professional standards expected of nurses and midwives
- to provide you with the opportunity to reflect on the role of the Code in your practice as a nurse or midwife and demonstrate that you are 'living' these standards
- to encourage you to stay up to date in your professional practice by developing new skills and understanding the changing needs of the public and fellow healthcare professionals
- to encourage a culture of sharing, reflection and improvement
- to encourage you to engage in professional networks and discussions about your practice, and
- to strengthen public confidence in the nursing and midwifery professions.

THE REVALIDATION PROCESS

Over three years since last renewal

You need to meet a range of revalidation requirements designed to show that you are keeping up to date and maintaining safe and effective practice

In 12 months up to renewal

Once you have met the requirements, you will need to discuss your revalidation with a confirmer. As part of this confirmation discussion, you will demonstrate that you have complied with all of the revalidation requirements, except professional indemnity arrangement and health and character.

In the 60 days before your renewal date

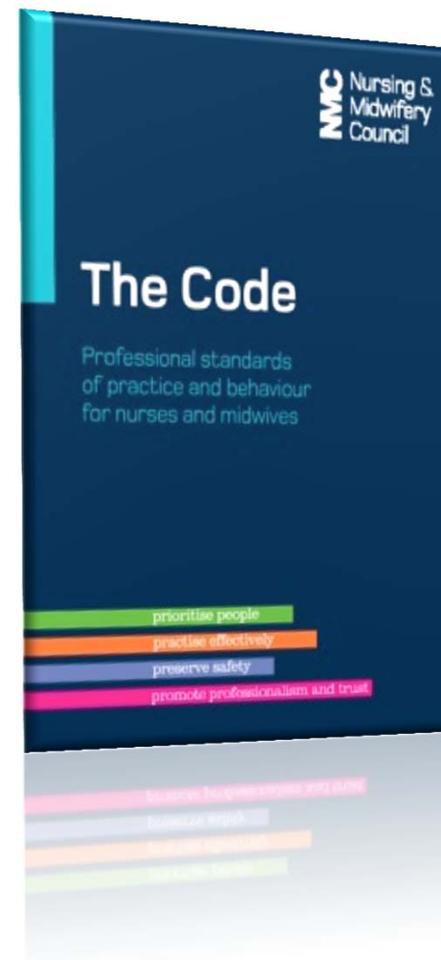
Every three years you will be asked to apply for revalidation using NMC Online. As part of that application, you need to declare to the NMC that you have complied with the revalidation requirements.

Following submission of your revalidation application

Each year the NMC will select a sample of nurses and midwives to provide us with further information to verify that the declarations they made as part of their revalidation application. If you are selected your registration will not be renewed until this process is completed.

The Code 2015

- The NMC has updated its Code of professional standards.
- The revised Code became effective on 31 March 2015 and all registered nurses and midwives are required to uphold its standards of practice and behaviours.
- The Code is centred around four themes, with public protection at the core, and builds on the existing foundation of good nursing and midwifery practice.
- The Code should be used as a 'living' guide at the heart of everyday nursing and midwifery practice.



Four themes brought together in one Code

- Together they signify good nursing and midwifery practice



CHECKLIST OF REQUIREMENTS AND SUPPORTING EVIDENCE

Requirements	Supporting evidence
450 practice hours or 900 hours if revalidating as both nurse and midwife	Maintain a record of practice hours you have completed including: <ul style="list-style-type: none">• dates of practice;• the number of hours you undertook;• name, address and postcode of the organisation;• scope of practice;• work setting;• a description of the work you undertook; and• evidence of those practice hours (such as timesheets, role profiles or job specifications).
35 hours of Continuing professional development(of which 20 must be participatory)	Maintain accurate and verifiable records of your CPD activities, including: <ul style="list-style-type: none">• the CPD method (Examples of 'CPD method' are self-learning, online learning, course.• a brief description of the topic and how it relates to your practice;• dates the CPD activity was undertaken;• the number of hours and participatory hours;• identification of the part of the Code most relevant to the CPD; and• evidence of the CPD activity

Requirements	Supporting evidence
Five pieces of practice-related feedback	Notes of the content of the feedback and how you used it to improve your practice. This will be helpful for you to use when you are preparing your reflective accounts. Make sure your notes do not include any personal data
Five written reflective accounts	Five written reflective accounts that explain what you learnt from your CPD activity and/or feedback and/or an event or experience in your practice, how you changed or improved your work as a result, and how this is relevant to the Code. Make sure your accounts do not include any personal data
Reflective discussion	A reflective discussion form which includes the name and NMC Pin number of the NMC-registered nurse or midwife that you had the discussion with as well as the date you had the discussion. You must use the NMC form on page 48 and this must be stored as a paper copy only. Make sure the discussion summary section does not contain any personal data (see Guidance sheet 1).

Requirements	Supporting evidence
Health and character	You will make these declarations as part of your online revalidation application.
Professional indemnity arrangement	Evidence to demonstrate that you have an appropriate indemnity arrangement in place. Whether your indemnity arrangement is through your employer, membership of a professional body or through a private insurance arrangement. If your indemnity arrangement is provided through membership of a professional body or a private insurance arrangement, you will need to record the name of the professional body or provider.
Confirmation	A confirmation form signed by your confirmer.

What should all nurses and midwives do to prepare?

- 1 Sign up to NMC Online at www.nmc.org.uk/nmc-online
- 2 Find out your renewal date
- 3 Read the guidance and supporting resources on our website at www.nmc.org.uk/revalidation